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Maternal Neglect: Oxytocin, Dopamine and the Neurobiology of Attachment

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Maternal neglect, including physical and emotional neglect, is a pervasive public health challenge with serious long-term effects on child health and development. I provide an overview of the neurobiological basis of maternal caregiving, aiming to better understand how to prevent and respond to maternal neglect. Drawing from both animal and human studies, key biological systems are identified that contribute to maternal caregiving behaviour, focusing on the oxytocinergic and dopaminergic systems. Mesocorticolimbic and nigrostriatal dopamine pathways contribute to the processing of infant-related sensory cues leading to a behavioural response. Oxytocin may activate the dopaminergic reward pathways in response to social cues. Human neuroimaging studies are summarised that demonstrate parallels between animal and human maternal caregiving responses in the brain. By comparing different patterns of human adult attachment, we gain a clearer understanding of how differences in maternal brain and endocrine responses may contribute to maternal neglect. For example, in insecure/dismissing attachment, which may be associated with emotional neglect, we see reduced activation of the mesocorticolimbic dopamine reward system in response to infant face cues, as well as decreased peripheral oxytocin response to mother-infant contact. We are currently testing whether the administration of intranasal oxytocin, as part of a randomised placebo controlled trial, may reverse some of these neurological differences, and potentially augment psychosocial and behavioural interventions for maternal neglect.

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Introduction

Child neglect is the most prevalent and most rapidly increasing form of child maltreatment today (1), with arguably the most adverse long-term effects on child development (2,3). Each year in the USA, almost 700 000 children are reported as victims of child maltreatment, with approximately 60% reported as a result of neglect (1). Neglected children are more likely to show a progressive decline in cognitive functioning over time (4,5), more delayed language development (6,7), less competent social and academic functioning (8), and are at increased risk of developing childhood aggression (9). Yet neglect is one of the least studied and most poorly understood forms of child maltreatment today (10).

Interestingly, nationwide data from the USA suggest that the most frequent perpetrator of child neglect is the biological mother (1), with maternally perpetrated neglect noted in almost 80% of substantiated episodes (11). In one respect, this is not unexpected, given that the biological mother is most often the primary caregiver; a role integrally associated with the definition of neglect (12). However, this is despite evidence that biological mothers may be primed, through the neuroendocrine changes associated with pregnancy, parturition and lactation, to provide optimal nurturance and protection to their offspring (11,13). For example, the hormonal changes associated with pregnancy may induce neural modifications within the hippocampus (14) that facilitate various aspects of maternal caregiving, such as learning, spatial memory (13,15) and

emotion processing of facial cues (16). Similarly, postnatal infant stimuli, including facial expressions, cries and tactile/suckling stimulation, may also help to re-shape the maternal brain during a period of inherent neural plasticity (13). Maternal experience upregulates oxytocin receptor (OTR) expression in the brain (17), and oxytocin, released during parturition and lactation, appears to exert long-term anxiolytic and bonding effects through changes in specific brain regions (18–21). As such, oxytocin may mediate the association between breastfeeding and lower rates of maternal neglect (11). Understanding the biological processes underlying maternal caregiving may help us to better understand how a disruption to these processes may contribute to maternal neglect.

The present review aims to: (i) describe and define maternal neglect and its impact on human development and attachment; (ii) outline some of the biological mechanisms underlying maternal caregiving and neglect, both from animal and human models, focusing specifically on the oxytocinergic and dopaminergic systems; and (iii) provide an overview of recent neuroimaging studies on maternal brain and endocrine responses, which may give additional insight into the problem of maternal neglect.

Definitions: physical versus emotional neglect

On the most basic level, child neglect is defined as a 'failure to provide' for a child's intrinsic needs (22), whether physical or emotional (Fig. 1). Physical neglect includes a failure to provide adequate nutrition, clothing, hygiene, medical care or educational provision. Emotional (or psychological) neglect involves a lack of emotional warmth, physical affection and nurturance, or ignoring signs of needed comfort or attention. Most neglected children experience a combination of physical and emotional neglect, often manifest in multi-problem, crisis-prone and chaotic families, in which unregulated affect motivates and organises behaviour, and

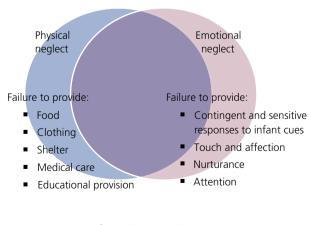




Fig. 1. Maternal neglect. The relationship between physical and emotional neglect and proposed differences in how social information is processed in the brain.

maternal caregiving responses are unpredictable. In other families, parents may be withdrawn, unresponsive and unmotivated, at the same time being unable to perceive or respond to their children's cues for attention (23).

However, some children may experience isolated physical neglect without emotional neglect, such as in the case of extreme poverty or socioeconomic disadvantage (3). Parents may be emotionally responsive to their children but unable to meet the more 'cognitive' demands of organising and coordinating necessary care, such as in providing regular meals, medical care or meeting educational needs. Emotional neglect without physical neglect is more difficult to define and identify because of its less tangible and often hidden consequences. For example, economically advantaged parents may provide every physical need for their child (even to excess), at the same time as neglecting their just-as-crucial needs for love and emotional nurturance. 'Hypervigilant' parents may focus solely on their children's task performance and compliance, at the same time as dismissing their emotional needs or punishing displays of negative affect (24,25).

Emotional neglect is much less likely to come to the attention of child protection authorities (23), although it may result in even more serious long-term consequences for a child's social and emotional development (8,26,27). One longitudinal study of mother-infant dyads examined the effect of differing types of neglect on behavioural and cognitive outcomes (27). At 3 years of age, emotional neglect was found to be the only type associated with externalising or internalising behaviour problems, independent of socioeconomic status or maternal depression. Similar adverse outcomes were noted in a prospective study of children followed between the ages of 6 and 9 years (28).

Although most researchers and clinicians define child neglect in terms of a child's basic unfulfilled needs, others have conceptualised the problem in terms of how a caregiver's brain processes sensory information, and associated differences in adult attachment strategies (23,29). It has been hypothesised that emotional neglect results from deficits in a mother's affective information processing, with a bias toward cognitive processing. Physical neglect may be the end result of deficits in cognitive information processing (Fig. 1).

Thus, one way of better understanding physical and emotional neglect may be to consider differences in mother-infant attachment and how mothers' brains process cognitive and affective sensory information.

Maternal neglect: a disorder of mother-infant attachment?

After studying the associations between maternal neglect and juvenile delinquency, John Bowlby first formulated his attachment theory, postulating a universal human need to form close affectional bonds, primarily between the mother and infant (30). He strongly argued, from an evolutionary perspective, that attachment was an innate biological system promoting proximity-seeking between an infant and a specific attachment figure, aiming to increase the likelihood of survival to a reproductive age. As a result of this powerful

biological instinct, he hypothesised that all human infants become attached to their caregiver, even if the care is harsh or neglectful, but that these children manifest different patterns of attachment 'security'. Infants of caregivers who are available, responsive and sensitive to their emotional and physical needs tend to manifest patterns of 'secure attachment'. However, if the care provided is chaotic, unpredictable, rejecting, or neglectful, infants develop self-protective strategies manifest as various 'insecure' patterns of attachment.

Although measuring and defining attachment in humans is a complex task, several research instruments have been developed to systematically classify attachment strategies, as observed from infancy to adulthood. The Strange Situation Procedure (31) and the Adult Attachment Interview (AAI) (see C. George, N. Kaplin, M. Main, unpublished data) (25) are two of the most widely used and validated instruments that assess the processing of attachment information. In the AAI, the transcribed interview is analysed for specific discourse markers and patterns, which are used to categorise adult attachment into one of three basic groups: 'secure', 'insecure/dismissing' or 'insecure/preoccupied'. Over the past 25 years, over 200 studies have reported on over 10 000 AAIs (32).

As noted above, one model of attachment proposes that differences in attachment strategies may represent differences in how the brain processes sensory information (29,33): temporally-ordered

'cognitive' information and intensity-based 'affective' information. Based on thousands of AAI discourse analyses, 'dismissing' adults tend to minimise affective information, dismiss their own feelings, intentions and perspectives, and rely more upon rules and learned temporal sequences in predicting future reward (25). Studies have also shown that 'dismissing' mothers score much lower on measures of parental warmth and responsivity (34,35), suggesting that this pattern of attachment may be associated with emotional neglect (23). 'Preoccupied' adults, in contrast, organise their behaviour around affective information, such as fear, anger or desire for comfort. They tend to be preoccupied with their own feelings and perspectives at the same time as omitting or distorting cognitive or temporally-ordered information. Adults with secure patterns of attachment are able to integrate temporally-ordered information regarding cause and effect, as well as affective information (emotional states, imaged memory, etc.), so as to form close relationships, make accurate decisions and predict future reward (25).

From both cross-sectional and prospective longitudinal studies, adult attachment has been shown to reliably predict maternal behaviour patterns and, through this, infant social/emotional development (36) and attachment (37,38). It is hypothesised that the intergenerational transmission of attachment may be mediated by differences in maternal neuroendocrine responses to infant cues, which translate into differences in maternal caregiving behaviour (29,39) (Fig. 2). This, along with individual genetic variation, may

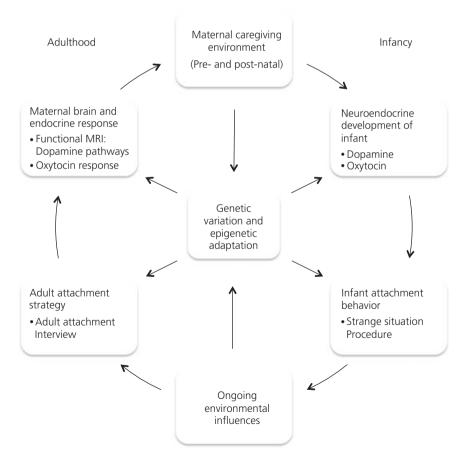


Fig. 2. The cycle of maternal caregiving and neuroendocrine development across the lifespan.

help to shape the infant's neuroendocrine development and subsequent behavioural patterns.

Biological mechanisms underlying maternal caregiving and neglect

Maternal neglect represents a fundamental breakdown in the most primal of human relationships, defying multiple biological mechanisms designed to ensure the optimal development of the offspring (40). Bowlby first proposed that attachment between a mother and her child was a biologically-driven process, which could, however, similar to most biological systems, be adapted or modified by experience (30). Subsequently, numerous studies have confirmed that social and parenting behaviours are dependent on genetically programmed biological mechanisms, such as the oxytocinergic and dopaminergic neuroendocrine systems (41,42), although they are also influenced by environmental factors, such as stress during pregnancy, early caregiving experience and relationships throughout the lifespan (36,43–45).

From the emerging field of epigenetics, we are beginning to understand how the caregiving environment may influence the development of biological systems and behavioural phenotypes, via stable changes in the regulation of gene expression (46) (Fig. 2).

For example, from rodent models, we learn that lower levels of maternal licking and grooming (LG) of pups results in increased DNA methylation of the oestrogen receptor- α (ER α) gene promoter, which inhibits the development of the oxytocin system (47,48). Furthermore, stress during pregnancy may reduce OTR binding in key brain areas involved in maternal behaviour, with associated increases in maternal anxiety and decreased maternal LG behaviour postnatally (49). This may then result in decreased OTR binding in the offspring (43). Environmental enrichment later in life may compensate for, but not reverse, some of these stress-related effects in the offspring (50,51). Human research has also demonstrated that a mother's own attachment history, as well as psychosocial stress, may influence the development of secure attachment in her own infant, as assessed by the Strange Situation Procedure (38,52).

Oxytocinergic and dopaminergic systems

Two neuroendocrine systems critically involved in maternal caregiving behaviour are the oxytocinergic and dopaminergic systems (53). The oxytocinergic system is important in the formation of social and spatial memories, affiliative behaviour and emotion regulation (54). The dopaminergic system is involved in reinforcement stimu-

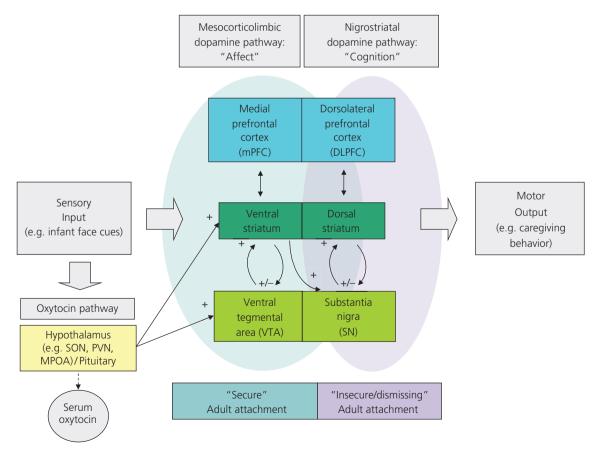


Fig. 3. Model of maternal brain responses to infant cues: proposed dopaminergic and oxytocinergic pathways relating to adult attachment patterns (secure and insecure/dismissing). SON, supraoptic nucleus; PVN, paraventricular nucleus; MPOA, medial preoptic area.

lus-reward learning, and in decision-making based on future predicted reward (55).

Oxytocinergic system

The neuropeptide hormone, oxytocin, is synthesised in the paraventricular and supraoptic nuclei of the hypothalamus that project to the posterior pituitary gland, where it is released into the bloodstream. This accounts for its well-described peripheral actions, including uterine contraction at childbirth and milk ejection during lactation. In addition, oxytocin neurones project centrally to brain regions important in the manifestation of social and maternal behaviours, including the medial preoptic area (MPOA), bed nucleus of the stria terminalis, ventral striatum (VS) (including the nucleus accumbens), and the ventral tegmental area (VTA) (56,57) (Fig. 3).

In several mammalian species, oxytocin facilitates physical proximity and nurturant care between the mother and infant (40). For example, in oestrogen-primed virgin rats that normally exhibit aversive behaviour toward rat pups, an intraventricular injection of oxytocin stimulates a broad range of maternal behaviours, including pup grouping, retrieval of separated pups, nest building and licking (58). Infusion of an oxytocin antagonist into the VTA blocks many of these behaviours in parturient rat dams, who then leave the pups scattered and 'neglected' (59). In the amygdala, oxytocin has an anxiolytic effect and is critical for social recognition (60), whereas oxytocin knockout mice show distinct deficits in social memory (61). Oxytocin is also important for the development of long-term spatial memories via the hippocampus (18), which supports maternal behaviours such as pup retrieval and foraging. In sheep, which are normally aversive toward newborn lambs, vaginocervical stimulation causes a release of central oxytocin, which facilitates proceptive maternal behaviours and minimises the rejection of lambs (62).

Although oxytocin plays a role in stimulating the onset and maintenance of maternal behaviour, maternal behaviour may also programme the development of the oxytocin system in female offspring, as well as the quality of maternal behaviour in adulthood (Fig. 2) (50,63,64). In rodents, natural variation in pup LG behaviour is associated with the offspring's OTR expression in the hypothalamus, and maternal caregiving behaviour in subsequent generations (44,57,65). Low levels of naturally occurring LG results in decreased OTR expression in the MPOA. These effects are also seen after experimentally induced changes in maternal behaviour (such as after maternal separation) (50,66), and after cross-fostering between dams with 'low' and 'high' LG (44). Changes in OTR expression in the rodent appear to be mediated via changes in DNA methylation within the ER α gene promoter (47), with low LG being associated with increased DNA methylation, down-regulation of the ERα gene, oestrogen-insensitivity, reduced OTR expression and diminished LG behaviour in the offspring.

In both human and nonhuman primates, early maternal caregiving has also been associated with the development of the oxytocinergic system. In rhesus monkeys, non-maternal (or nursery) rearing is associated with reduced levels of cerebrospinal fluid (CSF) oxytocin over the first 3 years of life (67). Similarly, women who

report childhood emotional neglect show significantly reduced levels of CSF oxytocin, as is also seen for other types of maltreatment (though not for physical neglect) (68). CSF concentrations were inversely correlated with scores for emotional neglect on the Childhood Trauma Questionnaire. Finally, salivary oxytocin levels between mothers and infants were significantly correlated, being moderated by the degree of mother-infant affect synchrony (69).

Dopaminergic system

Dopamine is a neurotransmitter associated with motivated behaviour in both mother and offspring (19). Dopamine production in the nucleus accumbens of the VS appears to stimulate responsive maternal caregiving in the rat (63,70). Pharmacological blocking of dopamine D1 receptors in the nucleus accumbens results in disrupted pup retrieval and LG, and selective pharmacological destruction of monoamine cells in the VTA also blocks maternal behaviour (71,72). Similarly, maternal behaviour is severely impaired in dopamine-transporter knockout mice (73).

Dopaminergic neurones respond to temporally-ordered prediction errors signals, facilitating stimulus-reward learning in the brain (74). These signals generally originate in the VTA and substantia nigra (SN) of the midbrain and project to a variety of regions throughout the brain, including the VS, dorsal striatum, and prefrontal and anterior cingulate cortex (74) (Fig. 3). In humans, unpredictable randomly delivered reward stimuli activate the mesocorticolimbic system (VS and medial prefrontal cortex) (75), whereas temporally-ordered prediction errors result in activation of the nigrostriatal pathway (dorsal striatum) (76).

Important anatomic feed-forward loops between the striatum and the VTA/SN region have been demonstrated in primates, suggesting that these striatonigrostriatal circuits funnel information between ventromedial (limbic), central (associative) and dorsolateral (motor) striatal regions (77). Each striatal region is integrally connected to a corresponding region of the midbrain's VTA and SN via ascending and descending dopaminergic neurones. Similarly, there are corresponding connections between the striatum and the forebrain, including those involved in affect processing (medial prefrontal, anterior cingulate) and cognition (dorsolateral prefrontal). Thus, the striatum is considered to be an important relay station between the limbic and motor systems, integrating affective information from limbic regions with cognitive information from the prefrontal cortex, is shaping motor/behavioural responses (Fig. 3).

There is evidence to suggest that the development of these dopaminergic circuits is influenced by early developmental stimulation. For example, prolonged maternal separation and isolation rearing of rat pups results in reduced dopamine transporter binding in the VS, elevated baseline dopamine levels and increased dopamine release in response to acute stress in adulthood (78,79). These animals also show enhanced sensitivity to psychostimulants such as cocaine, which activate dopaminergic neurones, which may lead to increased vulnerability to addiction (79). A human positron emission tomography study showed that low self-reported maternal care was associated with an elevated dopamine response to stress in

the VS (45). High LG dams (who received high levels of maternal care in infancy) (63) also demonstrate enhanced dopamine release, although this is in response to infant cues rather than stressors (70), whereas their physiological stress response is dampened (44).

Thus, early maternal caregiving appears to play an important role in programming both the oxytocinergic and dopaminergic neuroendocrine systems in infancy, which then supports maternal behaviour in adulthood (Fig. 2). Understanding how these two systems interact and communicate is also important for understanding the possible aetiologies of maternal neglect.

How oxytocin and dopamine connect

From animal studies, we learn that oxytocinergic circuits are directly linked with the mesocorticolimbic dopamine pathway, with oxytocinergic neurones projecting from the hypothalamic PVN and MPOA to both the VTA and the VS (Fig. 3). The strength of these connections is associated with levels of maternal caregiving behav-

iour, with high LG rat dams possessing an increased number of oxytocin neurones in the MPOA that project to the VTA (80). An oxytocin infusion in the VTA results in an increased dopamine signal in the VS, and this signal can be blocked by an oxytocin antagonist (80). Maternal LG responses follow the rise in dopamine signal, suggesting that dopamine may trigger the onset of maternal behaviour (70).

A direct oxytocinergic connection between the hypothalamus and the VS has also been demonstrated (81), and OTR density in the VS is positively associated with levels of maternal behaviour (82).

During pregnancy and lactation, oxytocin gene expression increases in areas associated with maternal behaviour, including the dopaminergic SN (83), and both oxytocin and dopamine levels increase in the SN during suckling (84).

Addiction studies have also linked oxytocin with the mesocorticolimbic dopamine system. The chronic administration of drugs of abuse, such as cocaine, substantially reduces oxytocin levels in the hypothalamus, whereas acute administration decreases oxytocin in

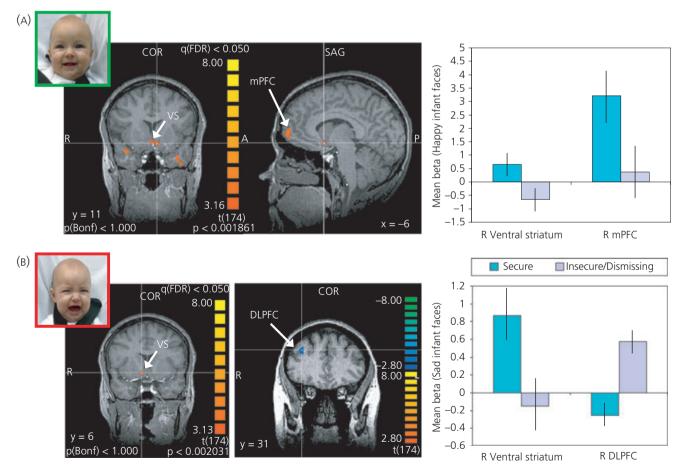


Fig. 4. Brain responses to happy and sad own-infant faces, contrasting mothers with insecure/dismissing and secure attachment classifications (mean \pm SEM beta weights). Activation patterns between attachment groups were compared using a two-factor random effects ANOVA model. Brain activation maps display areas that exceed the statistical threshold of P < 0.05 (false discovery rate corrected). (a) 'Secure' mothers, compared with 'insecure/dismissing' mothers, show greater activation of the ventral striatum (VS; t = 3.1, P < 0.005) and medial prefrontal cortex (mPFC; t = 3.0, P < 0.01) in response to happy own-infant faces. (B) 'Secure' mothers compared with 'insecure/dismissing' mothers, show greater activation of the right ventral striatum (t = 3.0, P < 0.01) in response to sad own-infant faces. 'Insecure/dismissing' mothers, compared with 'secure' mothers, show greater activation of the right dorsolateral prefrontal cortex (DLPFC; t = -3.8, P < 0.001). Adapted from Strathearn et al. (39).

the VS (85). Conversely, oxytocin may assist in ameliorating addiction and drug withdrawal effects via connections with mesocorticolimbic pathways (53,86). These findings are significant in view of the strong association between addiction and maternal neglect (87).

Thus, infant cues, such as suckling, vocalisation and tactile stimulation, stimulate oxytocin release in the hypothalamus, which may result in the activation of the dopaminergic reward pathway leading to behavioural reinforcement and long-term conditioned preference to social cues.

Exploring attachment in the human brain using functional magnetic resonance imaging (MRI)

Functional MRI is a non-invasive brain imaging technique that has enabled us to explore maternal brain responses in humans. Over the past decade, several functional MRI studies have explored maternal brain responses to infant cues, such as infant faces and cries (88). Lorberbaum *et al.* (89) were the first to examine maternal brain response to a standard infant cry, which revealed the activation of many of the same regions identified in rodent models of maternal behaviour, including the hypothalamic region, SN, striatum and medial prefrontal cortex. A more recent study demonstrated that mothers who delivered vaginally, compared with those who delivered via cesarean section, showed greater activation of the hypothalamus and striatum in response to hearing their own infant cries (90). This suggests that vaginal delivery, which results in an oxytocin surge and increased mother-infant bonding (91), may be associated with an increased activation of oxytocin and dopamine pathways in the brain.

In addition to infant cry stimuli, several groups, including our own, are using infant visual stimuli. In our first study, 28 first-time normative mothers were shown 60 novel face images of their own

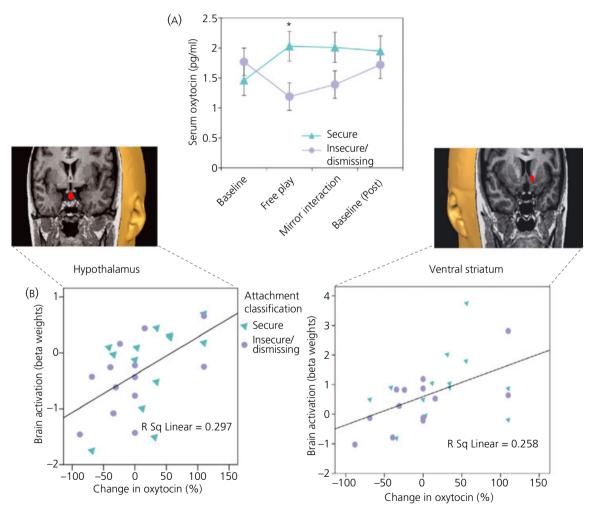


Fig. 5. Peripheral oxytocin and related brain activation in response to infant cues. (A) Mothers with secure attachment patterns show a greater peripheral oxytocin response during an episode of physical interaction with her infant (mean ± SEM; *Mann-Whitney U-test, P = 0.03). The first baseline sample was collected 20 min after mother-infant separation; the second immediately after a 5-min 'free-play' involving direct physical contact between the mother and infant. The third sample was after a modified still-face procedure, in which the mother was in direct visual and auditory contact with her infant (via a mirror) but was physically separated by a screen divider. The final sample was collected after a further 20-min period of complete mother-infant separation. (a) Peripheral oxytocin response correlates with activation of hypothalamus/pituitary region and the ventral striatum in response to own versus unknown infant face cues. Adapted from Strathearn et al. (39).

infant, with happy, neutral or sad affect, and a matched unknown infant (92). When mothers viewed their own infant's face, compared with an unknown infant face, key dopamine-associated reward processing regions of the brain were activated, including mesocorticolimbic pathways (VTA, VS and medial prefrontal cortex) and nigrostriatal pathways (SN, dorsal striatum and dorsolateral prefrontal cortex) (Fig. 3). Another study has also shown that VS activation is related to infant facial features, with 'cuter' infant faces producing increased activation in nulliparous women (93).

When mothers viewed photographs of familiar and unfamiliar children aged under 6 years of age, Bartels and Zeki (94) reported activation of the nigrostriatal pathway, including the SN, dorsal striatum and lateral prefrontal cortex (Fig. 3). A further study, using video clips of distressed and playful infants, also reported activations in SN and dorsal striatum when mothers viewed their own infant distressed (95). None of the recent studies, however, revealed activation of the mesocorticolimbic dopamine pathway, or looked for differences based on attachment or maternal behaviour.

Our next goal, therefore, was to test for individual and group differences in maternal neuroendocrine responses, to better understand differences that may occur in maternal neglect. We hypothesised that the mesocorticolimbic and nigrostriatal dopaminergic pathways would be differentially activated depending on the mother's adult attachment classification (based on the AAI). We

also looked for differences in the peripheral oxytocin response, during the mother-infant interaction. We compared 15 mothers with 'secure' attachment and 15 with 'insecure/dismissing' patterns, assessing between-group differences in brain activation using a random effects analysis and ANOVA (39). The sample contained an insufficient number of 'insecure/preoccupied' mothers (n = 4) to allow a meaningful analysis of this subgroup. Mothers from the two main attachment groups did not differ on measures of socioeconomic status, psychopathology risk, IQ, race or self-reported parenting stress. However, compared to 'secure' mothers, those with an 'insecure/dismissing' pattern of adult attachment showed significantly less activation of the VS and medial prefrontal cortex bilaterally, when viewing their own infants' happy faces (Fig. 4A). Secure mothers also activated the ventral striatum on viewing their own infant's crying faces, whereas 'insecure/dismissing' mothers showed more activation of the dorsolateral prefrontal cortex (Fig. 4B) and the insula (data not shown) (40). Thus, compared to 'secure' mothers, 'insecure/dismissing' mothers showed relatively reduced activation of mesocorticolimbic pathways but increased activation of the nigrostriatal pathway (Figs 3 and 4).

Furthermore, mothers with insecure/dismissing attachment, compared with 'secure' mothers, showed reduced peripheral oxytocin production on interacting with their infant (Fig. 5A), with the oxytocin response correlated with brain activation in the hypothalamus and VS, which are key oxytocinergic and dopaminergic brain regions

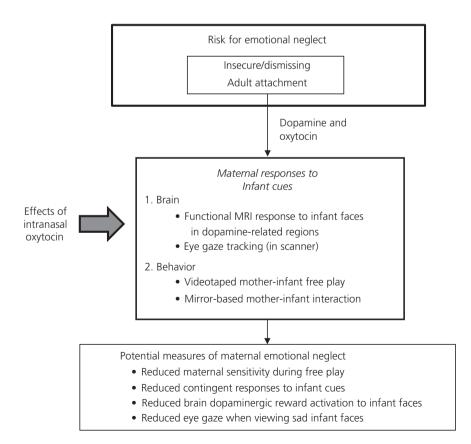


Fig. 6. Overview of study to examine the effects of intranasal oxytocin on maternal brain and behavioural responses to infant cues. These measures are designed to provide an insight into the neurobiology of maternal emotional neglect.

(Fig. 5B). This suggests that mothers with an insecure/dismissing pattern of attachment may have impaired peripheral and central oxytocin production, which may help to account for the reduced activation of reward processing regions in the brain when presented with facial cues from their infant (Fig. 3).

These findings, although correlational, also suggest that oxytocin may help to drive activation of the mesocorticolimbic pathway in response to social cues in securely attached mothers, just as in high LG rodent dams (80) (Fig. 3). Breastfeeding, which results in a surge of endogenous oxytocin, is also associated with increased activation of the striatum when mothers hear their own infant's cry (96), as is suckling in rodents (21). In a large 15-year longitudinal follow-up study of over 7000 mother-infant dyads, the duration of breastfeeding was inversely associated with the risk of subsequent state-reported maternal neglect (11).

Another study currently in progress is examining maternal brain responses in a clinical population at high risk for maternal neglect: mothers with substance abuse disorders (87,97,98). We are exploring how early attachment experience may increase vulnerability to addiction and how both insecure attachment and substance abuse may impact on maternal brain and behavioural responses to infant cues.

Future directions

In summary, the adaptation of the oxytocin and dopamine systems (whether through a mother's own early childhood experience, stress during pregnancy or even as a result of breastfeeding experience) may lead to variation in infant and adult attachment, as well as maternal brain and endocrine responses (Fig. 2). Understanding this cycle in humans may help us to better define and ultimately prevent maternal neglect. However, many unanswered questions remain. For example, what are the human parallels of 'licking and grooming', 'maternal separation' and 'sensory deprivation' in rodent models? Are the neurobiological consequences just as real in humans? Further research is needed to explore whether modern obstetric and childrearing practices (e.g. scheduled cesarean sections, early non-maternal childcare and lack of physical touch) may be contributing to this cycle of neglect. Additional studies are needed to explore the role of oxytocin in promoting a secure mother-infant attachment.

In randomised, placebo-controlled trials, intranasal oxytocin produces a broad range of social effects, including enhanced social memory, improved eye gaze when viewing faces, increased recognition and memory of facial expressions and identity, and increased manifestations of trust (99–104). We are currently conducting a study aiming to explore the role of intranasal oxytocin in enhancing maternal brain and behavioural responses, using a double-blind randomised controlled cross-over design (Fig. 6). This may help to elucidate the brain mechanisms involved in maternal caregiving in humans, and reveal how oxytocin interacts with dopaminergic brain systems, as seen in animal models of maternal behaviour. We hypothesise that mothers with insecure/dismissing attachment will show increased reward activation in the VS in response to seeing their own infant's face after receiving intranasal oxytocin.

Insecure/dismissing attachment, which involves a deficit in affective information processing (25), will be used as a proxy for emotional neglect (34), and will be correlated with other neglect measures.

Overall, this knowledge may have practical implications for the ultimate treatment of maternal neglect, potentially providing a simple, low risk, inexpensive pharmacological intervention to support mother–infant bonding. Because maternal neglect is a major public health problem with serious long-term consequences for child development and behaviour, these studies may help in developing novel, pharmacological treatments in support of behavioural and psychosocial interventions. Clinical populations that may benefit could include mothers with post-partum depression, addiction disorders or more general patterns of insecure attachment.

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